

Item Code	Served by:	Wt./ct	Labeled Serving Size	Calories	Values Based Per Serving Size			ALLERGENS			
					OEG -Ounce Equivalent Grains (Method 1)	OEG - Ounce Equivalent Grains (Method 2)	Total Grams of Creditable Whole Grains per serving	WHEAT	SOY	MILK	EGG
<b>Bread</b>											
221	Aunt Millie's Homestyle Cracked Wheat	24oz/20sl	1 slice (34g)	90	1.00	1.00	9.8	Y	Y	Y	N
336	Aunt Millie's Homestyle 100% Whole Wheat Bread	24oz/20sl	1 slice (34g)	90	1.00	1.00	18.9	Y	Y	Y	N
380	Aunt Millie's Homestyle Whole Grain Honey White	24oz/20sl	1 slice (34g)	90	1.00	1.00	11.8	Y	Y	Y	N
466	Aunt Millie's Wheat Sandwich Bread	22oz/24sl	2 slices (52g)	140	1.75	1.75	18.7	Y	Y	N	N
523	Aunt Millie's Whole Grain White Bread	16oz/20sl	2 slices (45g)	100	1.50	1.25	14	Y	Y	Y	N
1357	Aunt Millie's Light Whole Grain Bread	20oz/24sl	2 slices (47g)	70	1.50	1.00	12.5	Y	Y	Y	N
1880	Aunt Millie's Cinnamon Raisin Bread with Whole Grain	16oz/13sl	1 slice (35g)	100	1.25	0.75	9.2	Y	Y	N	N
1882	Aunt Millie's Cinnamon Swirl	16oz/13sl	1 slice (35g)	100	1.25	0.75	10.2	Y	Y	N	N
<b>Hamburger Buns</b>											
2947	Aunt Millie's Hearth Whole Grain Hamburger Bun	17oz/8ct	1 bun (60g)	150	2.00	2.00	18.2	Y	N	N	N
3159	Aunt Millie's 4" Whole Grain Hamburger Bun	24oz /12ct	1 bun (57g)	160	2.00	2.00	18.4	Y	N	N	N
3354	Aunt Millie's 3.5" Whole Grain Hamburger Bun	18oz /12ct	1 bun (43g)	110	1.50	1.50	16.9	Y	N	N	N
3480	Aunt Millie's 4" Whole Grain Hamburger Bun, pillow pack	60oz /30ct	1 bun (57g)	160	2.00	2.00	18.4	Y	N	N	N
7601	Aunt Millie's "Slimwiches" 100% Whole Wheat	12oz/8ct	1 bun (43g)	90	1.50	1.00	18.1	Y	N	N	N
7605	Aunt Millie's "Slimwiches" 8 Grain	12oz/8ct	1 bun (43g)	90	1.50	1.00	13.2	Y	N	N	N
<b>Hot Dog Buns</b>											
2918	Aunt Millie's Whole Grain Hot Dog Buns	18oz/12ct	1 bun (43g)	110	1.50	1.25	13	Y	N	N	N
3364	Aunt Millie's Hearth Whole Grain Deluxe HOT DOG Bun	12.5oz/8ct	1 bun (44g)	120	1.50	1.50	14.4	Y	N	N	N
4040	Whole Grain Hot Dog Bun - 2oz	24oz/12ct	1 bun (56g)	140	2.00	2.00	17	Y	N	N	N
<b>Mini Sub Buns</b>											
5157	Aunt Millie's Whole Grain Mini Sub--5 1/2" x 2 1/2"	18.5oz /8ct	1 bun (66g)	160	2.25	2.00	19.5	Y	N	N	N
5113	Aunt Millie's Whole Grain Mini Sub 2oz	16.5oz /8ct	1 bun (58g)	160	2.00	2.00	19	y	N	N	N
<b>Dinner Rolls</b>											
4365	AM Honey Wheat Tea Roll	12oz/12ct	1 roll (28g)	70	1.00	1.00	9.5	Y	N	N	N
4372	Whole Grain Dinner Roll	32oz /24ct	1 roll (38g)	100	1.25	1.25	12.3	Y	N	N	N
5093	8" Whole Grain Bread Stick - 24ct	24ct	1 breadstick (40g)	100	1.25	1.75	15	Y	N	N	N
5094	5" Whole Grain Bread Stick - 36ct	36ct	1 breadstick (31g)	80	1.00	1.25	11.7	Y	N	N	N
<b>English Muffins</b>											
2206	Aunt Millie's 100% Whole Wheat English Muffin	12oz/6ct	1 muffin (57g)	120	2.00	1.25	23.8	Y	Y	N	N
2298	Aunt Millie's Multi Whole Grain English Muffin	12oz/6ct	1 muffin (57g)	110	2.00	1.25	11.2	Y	Y	N	N
<b>Bagels</b>											
6933	Aunt Millie's Whole Grain Bagel	20oz/5ct	1/2 bagel (57g)	140	2.00	2.25	21.5	Y	Y	N	N
6944	Aunt Millie's Brown Sugar Natural Bagel	18oz/6ct	1/2 bagel (43g)	120	1.5	1.5	14	Y	N	N	N
6945	Aunt Millie's Honey MultGrain Bagel	18oz/6ct	1/2 bagel (43g)	120	1.50	1.75	13.7	Y	N	N	N
6943	Aunt Millie's White with Whole Grain Bagel	18oz/6ct	1/2 bagel (43g)	120	1.5	1.75	12.5	Y	N	N	N